



Building Healthy Places Workshops

An Opportunity to Improve Your Community With Expert Advice: ULI Colorado's Building Healthy Places Workshop Application

The global Urban Land Institute (ULI) is a 501-c-3 nonprofit research and education nonprofit supported by 38,000 members representing the spectrum of land use and real estate development disciplines working in private enterprise and public service. ULI's mission is to provide leadership in responsible use of land and in creating and sustaining thriving communities worldwide.

Since 2013, in partnership with the Colorado Health Foundation, ULI has become a leader in best practices to create healthy and sustainable places—communities where all residents can enjoy active lifestyles, access to healthy food, clean air and water, green space and natural systems, and a safe community supporting physical and mental health.

Research shows that the physical environment of many communities contributes to an overall decline in public health. Key indicators are rising rates of obesity, diabetes, stress-related heart disease, and cancers. ULI is studying and applying new ways to plan, design, finance, and build the types of healthy communities that can help reverse this trend.

In November 2015, ULI Colorado, the 1,150-member District Council of the ULI, was awarded a \$35,000 grant from the Colorado Health Foundation to identify two Colorado communities for participation in Building Healthy Places (BHP) Workshops. BHP Workshops provide technical assistance to communities by engaging volunteer experts in the fields of real estate, architecture, planning, and public health to work with local community members and leaders in identifying opportunities to increase physical activity through the built environment.

In a one-day exercise, these workshops will study the selected communities and provide observations, findings, recommendations, and practical first and next steps in retrofitting or designing the built environment to enhance community health and wellness. Please access our [online application at this link](#). No print applications will be accepted.



Since 2013, ULI and ULI Colorado have studied and provided recommendations to the following communities:

- Arvada, Colorado
- Elyria-Swansea neighborhood, Denver
- Federal Boulevard Corridor, Adams County-Denver-Westminster, Colorado
- Highway 287 Corridor, Loveland, Colorado
- Historic East Side, Pueblo, Colorado
- Lamar, Colorado
- Lake Creek Village apartments, Edwards, Colorado
- Westwood neighborhood, Denver

Each community has experienced progress and positive changes resulting from the ULI BHP Workshops.

Examples include:

- successful grant applications in support of BHP initiatives,
- streetscape improvements to make communities more safe and walkable,
- new recreational, parks and open space facilities (especially for children),
- development of new affordable housing, and
- policy initiatives that lay the framework for future changes.

Copies of reports are available for applicants to review.

The study area may be:

- A vacant site appropriate for development, or
- An existing place in need of retrofit and renewal.

ULI Colorado is soliciting interested communities through this application. Interested communities may qualify if they can:

- Demonstrate community need and opportunities to address disparities and improve access to active living for under served residents. ULI Colorado will consider community demographic data including proportion of low-income residents, racial/ethnic composition, geography (urban, rural), population trends (is population increasing, decreasing or stable?) and disparities in access to active living opportunities.
- Identify a study area with a commitment to changing the environment to improve public health. A study area can range in scale and scope from an apartment complex or academic/commercial campus, to a city block, neighborhood, or district.
- Demonstrate the shortcoming in the built environment that may need to be addressed such as: poor sidewalks and bike trails, a shortage of parks and open space, sources of pollution, and poor lighting for public safety.
- Demonstrate community readiness and commitment to create transformative change to an active/healthy community.
- Engage stakeholders across multiple sectors.
- If accepted, will be provided a fully-funded one-day workshop to address the areas of concern presented in application. This workshop is valued at \$15,000.

Applications are due Friday, June 17, 2016.

Two finalists will be selected and notified by Friday, July 15, 2016, after site visits and interviews with the finalists. The BHP Workshops will take place in the summer and fall of 2016. Communities will receive a brief written report in PDF format within 30 days of the panel. Applications should include:

Lead Entity Information:

1. Organization
Address
City
State
Zip Code
 2. Name of Executive Director, President or Authorized organization representative.
 3. Lead Contact Information
Title
Email
Phone
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Partner/Stakeholder Organizations Information:

4. Please list the partner or stakeholder organizations or entities you plan to engage in the BHP workshop process with ULI Colorado. ULI seeks communities that will engage a group of stakeholders across different sectors, including local government, community-based organizations, businesses and residents. At least one local government entity or representative (e.g. planning commissioner, city council member, or community planner) must be involved. Existing coalitions, stakeholder groups or other community partnership entities are preferred.
 5. Please include a partnership or letter of support from a planning agency with direct jurisdictional oversight.
 6. A letter of support from elected or public official.
 7. Is this an existing coalition, stakeholder group or partnership entity? If yes, please be sure to answer the two questions that follow.
 8. If yes, what is the name of coalition/group/partnership?
 9. If yes, briefly describe the stakeholder group or partnership entity:
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Community Information:

(Please limit your responses to 100 words unless otherwise noted)

10. Name of community:

The community is a:

- Neighborhood
- Town
- City
- County
- HOA or definable district
- Other

11. If you chose other above, please describe:

The BHP Workshops prioritizes high-need communities to improve access to active living. ULI Colorado will consider a variety of factors such as:

- Population trends (is population increasing, decreasing or stable?)
- Health status data demonstrating higher than normal rates of obesity and diseases related to inactivity and poor diet
- Disparities in access to active living opportunities, including active living and healthy food, for specific groups in the community
- Poor access to healthy food markets, sidewalks, greenways, parks, walkable destinations (such as schools and commercial districts),
- Access to transit
- Building stock (including homes, schools, workplaces) that does not provide occupants with access to natural light, fresh air, walkable destinations, outdoor recreation.

12. What is the total population?

13. Please describe your community and its needs. (200 words max) Be sure to name the key opportunities and challenges related to the built environment and active living in your community.

14. Which groups (e.g. school kids, low-income residents, racial/ethnic minority groups, older adults, individuals with disabilities or others) experience greater barriers to active living compared to the overall population? If so, what are the barriers and how would you engage these underrepresented groups in this initiative?

15. Describe specific efforts the community or individual stakeholders have made to address the built environment and active living in the community.

16. Do the partners listed in the Partner/Stakeholder Organizations section of this application form have previous experience collaborating on active living efforts or other community issues or projects?

17. Why is your community interested in the opportunity to participate in the BHP Workshop?

18. Describe and quantify if possible your community's level of support to work toward change (200 words). Successful applicants will have strong and explicit support from many of the following:

- elected leaders and other public officials,
- nonprofits/community organizations,
- the faith-based community,
- neighborhood groups.

19. Please attach photos, demographic data, health data and other pertinent information about your site, including any previous planning reports or studies.

VI. Submission Instructions and Timeline

1. Fill out the Application and compile the documents requested in the application form for each section.
2. Email supplemental materials to ULIcolorado2016@gmail.com

APPLICATIONS ARE DUE BY 5:00 P.M. ON June 17, 2016

3. Timeline (desired timeline, dates are tentative)

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| Application made available | 5/17 |
| Applications due | 6/17 |
| Review Panel evaluation | 6/20 |
| Notification of Awardees | 6/25 |
| Building Healthy Places Panel Project Duration | July to October |

For more information, please visit: Colorado.uli.org/uli-in-action/building-healthy-places-initiative.
For questions or to get more information, please email Eric Swan at eric.swan@uli.org. Thank you!