

ULI Colorado and Colorado Health Foundation encourage development of healthy communities through two community workshops

For immediate release: January 28, 2015

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With a Colorado Health Foundation grant of \$30,000 to the Colorado District Council of ULI (ULI Colorado), ULI Colorado will host two Building Healthy Places (BHP) workshops in Loveland, Colorado and Pueblo, Colorado.

ULI Colorado hosted a selective application process to identify the two final communities. The workshops will bring together 8-to-10 ULI volunteer experts with community leaders to envision new designs, developments and infrastructure that will benefit community health.

“The Colorado Health Foundation and ULI Colorado are uniquely paired to address these issues,” says Michael Leccese, Executive Director, ULI Colorado. “With the breadth of knowledge our panel will possess, the workshops will provide real solutions for these communities to implement.”

A body of research links the design and planning of communities to public health. Both communities noted specific areas to be addressed during the workshops, and where residents of communities lack opportunities for physical activity and access to healthy food, there is less activity and poorer diets.

“Though personal choices are a contributing factor to health, it's difficult to be healthy when communities lack infrastructure and facilities like sidewalks, bike lanes and easy connections to transit and parks that encourage physical activity,” noted Khanh Nguyen, portfolio director – *Healthy Living*, Colorado Health Foundation. “The BHP workshops provide a wealth of expertise and work directly with the communities to identify and design health back into their neighborhoods.”

For more information on ULI Colorado’s BHP Workshops, please visit Colorado.ULI.org.

About ULI Colorado

Founded in 1998, ULI Colorado is the seventh-largest among 53 District Councils of the ULI. Run by a staff of three based in Denver and an executive committee of 20, ULI Colorado produces more than 25 educational events on best practices in real estate annually, in addition to advisory panels, mentoring programs, and community service. ULI members are leaders in 26 different professions, including architecture, development, finance, law, and public service, who get involved for the benefit of their

peers and community. ULI is a nonpartisan 501-c-3 nonprofit that does not lobby or endorse candidates.

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About the Colorado Health Foundation

The Colorado Health Foundation works to make Colorado the healthiest state in the nation by ensuring that all Colorado kids are fit and healthy and that all Coloradans achieve stable, affordable and adequate health coverage to improve their health with support from a network of primary health care and community services. To advance our mission, the Foundation engages the community through grantmaking, public policy, investing in evaluation, private sector partnerships and strategic communications. For more information, please visit www.ColoradoHealth.org.